

11. What type of memory is responsible for knowing how to ride a bike or play an instrument (skills)?
- A) Episodic Memory B) Explicit Memory
C) Procedural Memory D) Semantic Memory
12. What is the primary challenge during the "Identity vs. Role Confusion" stage?
- A) Trust B) Autonomy C) Identity D) Intimacy
13. What term does Piaget use to describe the process of fitting new experiences into existing schemas?
- A) Assimilation B) Accommodation C) Equilibration D) Scaffolding
14. Which of the following is NOT a component of the self-regulation process?
- A) Setting goals (Forethought) B) Monitoring progress (Performance Control)
C) Reflecting on outcomes (Self-Reaction/Reflection) D) External reinforcement only
15. What best defines critical thinking?
- A) Accepting information at face value without questioning
B) Memorizing facts and details for later recall
C) Evaluating, analyzing, and synthesizing information to form a well-reasoned judgment
D) Agreeing with the majority opinion to avoid conflict
16. Metacognition is...
- A) knowledge about one own's learning B) knowledge about somebody else's learning
C) Activation of critical thinking D) Related to intelligence and creativity
17. Albert Bandura's Bobo doll experiment demonstrated that children could learn aggression by:
- A) Being directly punished for aggressive acts. B) Solving a complex cognitive puzzle.
C) Observing and imitating aggressive models D) Internalizing societal norms about aggression.
18. Which core concept in Social Cognitive Theory (SCT) refers to a person's belief in their ability to succeed in specific situations?
- A) Self-Actualization B) Operant Conditioning C) Self-Efficacy D) Drive Reduction
19. According to attribution theory, if someone believes their success is due to hard work (an internal, controllable factor), what are they demonstrating?
- A) A lack of self-efficacy B) External Locus of Control
C) Internal Attribution D) Learned Helplessness
20. Self-determination theory emphasizes the need for:
- A) Money and power B) External rewards
C) Autonomy, competence, and relatedness D) Competition and success

BEST OF LUCK!